



# SHAMANIC HEALING RETREAT

LAKE TITICACA BOLIVIA - MARCH 24th to 31st 2019

## BOOKING FORM

Please print and complete this form and send it back signed to:

[lilalotuscoaching@gmail.com](mailto:lilalotuscoaching@gmail.com)

Please read the Terms and Conditions, and Medical Advice and Precautions before you sign the form.

## YOUR INFORMATION:

Your Name:

Address:

Zip/Postcode:

Phone:

Email:

Age: (NB Minimum age is 18)

## CONFIDENTIAL DISCLOSURES:

The following information will be kept in confidence by the organizer.

1) Are you taking any medications? Y / N

If yes, which medication/s and for what condition/s?

2) Have you sought medical advice regarding these medications or conditions with regard to your participation in this event? Y / N

If yes, are your advisors in agreement for you to take part? Y / N

If no, are you willing to take full responsibility for your participation? Y / N

**[thehealersjourneys.com](http://thehealersjourneys.com)**

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3) Do you have any physical or other condition we should know about? Y / N

If yes, please specify.

4) Do you have any special needs we should know about – including allergies or dietary requirements of a medical nature? Y / N

If yes, please specify.

5) Please provide us with a contact in case of emergency:

Name:

Telephone:

Mobile/Cell:

Email:

## TERMS & CONDITIONS

I have read your terms and conditions and agree to abide by these. (Terms and Conditions can be found at the end of this document)

Signature:

Date:

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## PAYMENT

### PAYPAL:

If you want to use paypal please pay to Liliana Denton  
lilalotuscoaching@gmail.com

### CASH

Available option. Contact Lila Lotus at 954 607 0913

### FACEBOOK PAYMENTS

Use Lila Lotus for payments with Facebook.

TOTAL COST OF THE RETREAT: \$ 1450.

To Book, please pay \$435 before March 1st 2019. The rest should be completed until March 22nd 2019.

What is included in my 8 days retreat? •

Transportation to Sun Island, Lake Titicaca • All meals & accommodation • 3 Ayahuasca ceremonies • 1 Huachuma / San Pedro ceremony • 1 Rape & Tobacco ceremony • Andean Cosmo Vision workshop • 2 life coaching workshops to support you with your goals • 4 group healing • 2 nights of Shamanic ceremonial rituals • 1 Angel Tarot reading • 1 coca leaf reading • Medicine songs class • 2 yoga classes • 3 meditations on the Lake • Moon Island and Wiñaymarka visit • Individual healing by the Shaman during Ayahuasca ceremonies • Additional Shamanic healing outside of ceremony if necessary • Group circle meetings where you share your experiences, gain insights, and ask our shaman questions A lot of surprises that will make your heart very very happy!!!

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## What is not included

• Airfares • Transportation to and from El Alto airport • Travel Insurance •

Accommodation in La Paz • Bolivian Visa costs for non EEC or USA nationals (\$160, you can obtain it directly at the airport or at any Consult in USA) • Personal expenses •

Souvenirs not included in the program • We will be offering individuals healing during the ceremonies as well as group healing sessions as workshops. Just in case of needing, you can book an appointment for personal deeply healing with the shamans or the healers. This extra service is not included in the price. \*\*\* If you decide to stay longer in the Sun Island we can negotiate for you fares as Bolivian. We will not ask money for this service. We can help you also to have contact with Tourism Agencies if you want to explore Bolivia or Peru. \*\*\* Please note also that payments will not be refundable.

## MEDICAL ADVICE AND PRECAUTIONS

Ayahuasca (Banisteriopsis caapi) contains monoamine oxidase inhibitors (MAOIs) in the form of harmine and harmaline. We suggest, therefore, that you consult your medical advisor if you are taking medications which may affect your serotonin levels (known as serotonin selective re-uptake inhibitors or SSRIs) as the combination of MAOIs and SSRIs can lead to higher levels of serotonin in the body. SSRI medications generally require 6 weeks to clear the body and should be reduced gradually.

If you are taking antibiotics or anti-depressants or receiving other medical treatment it is also good practice to see your doctor and ask his or her advice about the effects of your medication in combination with Ayahuasca and Huachuma. There may be no problem but it is best to check.

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Non-prescription medicines such as antihistamines, dietary aids, amphetamines and their derivatives and some herbal remedies (e.g. those containing ephedrine, high levels of caffeine or other stimulants) should be discontinued for at least a week prior to and following work with Ayahuasca and Huachuma. Please check with your herbalist or homeopath as even otherwise innocuous remedies like St John's Wort/hypericum may not be suitable in combination with Ayahuasca.

Avoid all chemically-based recreational drugs, in particular MDMA (ecstasy), cocaine, speed and heroin.) The use of non-chemical recreational drugs such as marijuana should also be discontinued for a period of at least one week prior to and following work with Ayahuasca and Huachuma.

Ayahuasca/Huachuma and the diet that goes with it are not always ideal in combination with certain medical conditions (e.g. some stomach, heart, colon or mental health problems, etc) so, again, please check with your doctor and take his or her advice about participation.

## TERMS AND CONDITIONS

Bookings are made on the understanding that you will abide by these terms and conditions.

"The Organiser" Lila Lotus, Tupak Wayra, Wara Wara the staff and assistants.

"The Participant" is the person named on the Booking Form for this event.

1. The Organizers reserve the right to accept or decline a Participant booking at any time.

2. The Participant agrees to take part in the Shamanic Healing Retreat, including its

plant ceremonies.  
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3. The Organizers will do their utmost to ensure the safety and comfort of the Participant within the remit of this program. The Participant, in turn, agrees to exercise caution and consideration for him or herself and for others during this event, including at the venue and in other environments, and indemnifies the Organizer against claims for injury, loss, damage, misadventure or inconvenience at all stages.
4. The Participant has made confidential disclosures regarding medical conditions and/or use of medications. The Organizer agrees to keep these in confidence unless required by law to divulge them and/or for the resolution of any dispute. The Participant agrees to inform the Organizer of any change in circumstances.
5. The Organizer have recommended that the Participant, prior to entry into this Agreement, seeks and obtains health or medical advice as to the effect of plants and herbal medicines singly and in combination with any medication they are taking. The Participant avows that he or she, having done so or deemed it unnecessary, is in a physical and mental condition appropriate to the activities described in this brochure and agrees to participate at his or her own risk. The responsibility for taking accurate and timely health precautions, professional medical advice, and for acting upon this (or otherwise) is solely with the Participant.
6. The Participant has the option of joining any, all, or none of the activities on offer at the Shamanic Healing Retreat and taking any, all or none of the plants available, and should he or she wish to take them does so voluntarily, taking full responsibility for his or her actions.
7. The Participant has been advised that Ayahuasca and Huachuma are visionary plant and is clear on the meaning of this. Reference sources have been provided which may describe the Ayahuasca and Huachama experience and the Participant

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has conducted other research where appropriate to satisfy him or herself of the effects that may be produced. The liability is with the Participant.

8. The Organizer agrees to supply transportation La Paz - Sun Island, plant medicines, accommodation, workshops and food as part of this event during the dates given and within the guidelines supplied (e.g. the Ceremony diet). The Organizer is not responsible for flight ticket travel to La Paz or other costs outside of this program or for flight cancellations or other interruptions or travel disruptions and no refunds, reimbursements or payments-in-kind will be made for these.

9. The Organizer reserves the right to make changes to the itinerary or costs of this program if necessary or to cancel this event if need be. In the unlikely event that the program is cancelled a full refund will be made to the Participant of fees paid by him or her to the Organizer. The Organizer is not, however, responsible for other costs which the Participant may incur or have incurred such as transportation or the purchase of any goods or materials.

10. The Organizer will do his best to help with any special requests or needs that the Participant may make or have but are not beholden to do so and the Participant understands that such requests may need to be paid for by the Participant separately to this program and its contents and that he or she may also have to make his or her own arrangements (e.g. for travel outside the program) and at his or her own cost.

11. If the Participant withdraws from this event the program or workshop fee will be refunded in full provided that his or her cancellation is made in writing and reaches the Organizer before 30 days prior to the first day of the program.

12. The Participant will not hold the Organizer liable for damages, injuries, losses, accidents or delays, including willful or negligent acts, failures to act or breaches of

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contract by any parties which supply goods or services for this event.

13. The Participant indemnifies the Organizer against loss or damage, including that resulting from insufficient or improperly issued passports, visas or other travel documents.

14. The Participant has been advised to take out suitable medical and travel insurance for their journey and this event, covering personal accident, medical expenses, losses, repatriation costs and all other expenses which might arise as a result of loss, damage, injury, delay or inconvenience. Group leaders must also ensure that they have adequate public liability insurance to cover themselves and their group in case of accidents or other misfortunes. The Organizer is not liable for such expenses.

15. The Participant - and his or her family - understand that the Andes and this program represent travel of a unique nature and will hold the Organizer and its associates, representatives and employees blameless for any injury or ailment occurring during this program or afterwards. The onus is on the Participant to explain this program to others if need be and to ensure their agreement and understanding.

16. The Participant agrees to show respect for the environment he or she is in and to act with courtesy and dignity towards other group members and local and native people in Sun Island - Lake Titicaca and during external activities. Should the Participant commit any illegal act or should his or her behavior adversely affect other people's enjoyment of this event he or she may be asked to leave the Retreat and shall have no entitlement to complaint or refund and will bear any expenses as a result of this.

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17. The Participant agrees that any photographs, videos, film or notes taken by the Organizer during this event in which the Participant may feature may be published by the Organizer and gives consent to this without consideration unless prior written agreements are entered into.

18. The Participant agrees to acknowledge Lila Lotus and the program "Shamanic Healing Retreat" (including email and website addresses) in any production of his or her own which may result from his or her participation in this event, whether this is of a commercial or non-commercial nature. This may include but is not limited to books, articles, films, videos, CDs, tapes, DVDs and productions using on-line resources such as YouTube and Facebook which are intended or available for public broadcast or diffusion. Such acknowledgement must not, however, be presented as an endorsement by the Organizer of any materials produced by the Participant unless this is expressly agreed in writing.

19. The relationship between the Participant and the Organizer is governed by Bolivian law and in the unlikely event that a controversy arises which cannot be resolved between us both parties agree to the exclusive jurisdiction of the Bolivian Courts in La Paz, Bolivia.

20. The Participant has read, understood and voluntarily signed this document and agrees that no representations, statements or inducements have been made by the Organizer for him/her to take part in this program or to sign this Agreement. By signing the Participant waives certain legal rights, including the right to sue.